

Newsletter Term 2, Week 2, 2023



It's Dambila (Barramundi) Season for Gulumoerrgin (Larrakia) Country.
Damiyumba (Billy Goat Plum) is fruiting.
Billirrawarra (Black Cockatoos) eat the fruit now.



Dear Families,

Welcome to Term 2. I trust you all enjoyed a relaxing and recharging break. I am pleased to report that all students have settled back into the school routine, and with a busy term ahead, we are excited to see what wonderful learning opportunities come out of it.

PD day

Our staff kickstarted the term with a professional development day focusing on continuous school improvement. The day saw teachers come together to look at student wellbeing and behaviour data whilst identifying positive support strategies moving forward. Teachers identified and unpacked agreed essentials for quality teaching and learning, and brainstormed important aspects that will inform our school's purpose and mission.



A Quality Start Up



This term, alongside a weekly 'ready to learn' focus, all teachers have implemented a 'Malak Quality Start Up' program within their classrooms.

The program provides the opportunity for students and teachers to co-construct the classroom expectations, with students actively participating in defining the school values and identifying the behaviours that exemplify *Lifelong Learners* who have *Respect for themselves, Respect for each other and Respect for the environment*.

The two-week program complements our whole school Berry Street Education Model and Inquiry Learning approach and will be implemented again in Term 3.

Soccer Gala Day

A big shout out to our Malak students who attended the soccer gala day during the last week of Term 1. The students not only took out the gala day as overall winners but were also undefeated during the competition! Well done!

Preschool Assessment and Rating

Last week our Preschool went through its assessment and rating as part of the National Quality Framework, Quality Education and Care NT (QECNT). The purpose of the assessment and rating is to determine whether, and at what rating level, our service meets the National Quality Standard and the requirements of the National Regulations. An assessor spent two days in the preschool, observing practice, reviewing our documentation and meeting with Preschool and Leadership staff.



Our award-winning Preschool prides itself on ensuring all children have opportunities to develop the skills for life-long learning, and we are looking forward to receiving our feedback report from the assessment and rating which will be sent through in the next couple of weeks.

Anzac Day

The school commemorated Anzac Day on Monday with special visitors from the RAAF, LAC Cameron McInnes and LAC Jack Fletcher. Our student voice committee did an excellent job of running the event and we were treated to the choir and the 234F class singing a beautiful song on the day.



Bebras Australia Computation Thinking Challenge

This year, we are encouraging our Year 3-6 students to take part in the challenge. Parent permission is required to participate. Notes have been sent home and need to be returned by Wednesday 3/5. Students in Years 3-4 will have an hour to complete the challenge online and the Year 5-6s will have 45 minutes.

How Many Routes BEBRAS Australia

Beaver Jane regularly walks to school.
Jane likes to change her route each day, but she only takes paths to the school that are most direct.

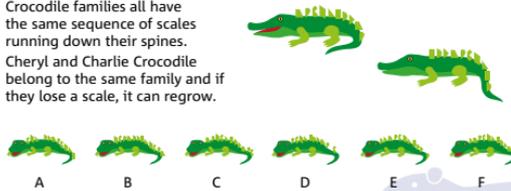


Question
How many different routes can Jane take to school?

1 2 3 4 5 6

Crocodile Scales BEBRAS Australia

Crocodile families all have the same sequence of scales running down their spines.
Cheryl and Charlie Crocodile belong to the same family and if they lose a scale, it can regrow.



Question
Of the pictured crocodiles, which ones could be in the same family as Cheryl and Charlie?

Friendly reminders

Some friendly reminders below to wrap up the week:

- ✓ 1/05 May Day public holiday, no school.
- ✓ 17/04 School Council Meeting, all are welcome.
- ✓ 3 Year Old Preschool program recommences in Term 2. Please contact the Front Office for further information.

Stay safe and enjoy the weekend.

Haydon Staines
Principal
Malak Primary School

Term 2 Week 2
28 April 2023

APPLICATIONS CLOSING SOON!

NORTHERN TERRITORY GOVERNMENT

SPORT VOUCHER

Voucher applications close 24 May 2023. Go to grantsnt.nt.gov.au to apply.

SUNBILD NIGHTCLIFF SEA BREEZE FESTIVAL!

Friday 12th | Saturday 13th | Sunday 14th May

2 X DANCE STAGES, A SWAG OF MUSIC STAGES | SAND SCULPTURE COMP & MOTHER'S DAY EVENT
VISUAL ARTS EXHIBITS & COMPS, COMMUNITY VILLAGE, FOOD STALLS & MORE

Along nightcliff foreshore

TEDDY BEAR PICNIC DAY

BRING YOUR FAVORITE TEDDY BEAR/ STUFF TOY TO SCHOOL.

Recess and lunch time activities.

FRIDAY THE 12TH OF MAY!
ANY COIN DONATION!

LUNCH TIME HOLE SCHOOL TEDDY BEAR PICNIC LUNCH

Northern Territory Government | CENTRE FOR DISEASE CONTROL | **Head Lice Advice**

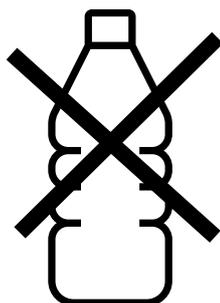
Take a peek, ONCE A WEEK

Head Lice ADVICE

Every week, check hair and scalp of all family members for live lice and nits.

www.nt.gov.au/health

Sports Drinks - TOO MUCH SUGAR or CAFFIENE
Please don't bring to school



Gatorade = 36 g sugar Coke = 39 grams
Powerade = 34 grams Apple Juice = 24 grams
Prime = 200mg Caffeine (Coffee = 80-120 mg)

How much sugar is in your drink?

| | | | | | |
|------------------------------------|----------------------------------|----------------------------------|---------------------------------------|------------------------------|--------------------------------------|
| Monster Energy 16 oz. 200 calories | Vitaminwater 20 oz. 125 calories | Mountain Dew 20 oz. 290 calories | Snapple Lemon Tea 16 oz. 100 calories | Gatorade 20 oz. 150 calories | Minute Tapioca 17.5 oz. 200 calories |
| 13.5 teaspoons | 8 teaspoons | 19.25 teaspoons | 10.5 teaspoons | 8.5 teaspoons | 17.5 teaspoons |

Caution: Consumption of sugar sweetened beverages may be the single largest driver of the obesity epidemic according to a 2009 study in the New England Journal of Medicine.

Warning: Average sugar sweetened beverage consumption by youth: Ages 2-5: 47 gallons/year; Ages 6-11: 63 gallons/year; Ages 12-19: 100 gallons/year; Ages 20-39: 41 gallons/year; Ages 40-59: 31 gallons/year; Ages 60-79: 21 gallons/year.

Tip: The extra calories from adding just one 20 oz. Mountain Dew to your regular diet every day for a year could lead to excess calories to cause a 50 pound weight gain.

Alliance for a Healthier Rhode Island
c/o Rhode Island Medical Society
This artwork was created by our colleagues from the Alliance for a Healthier Vermont. We thank them for sharing!

| Mon. | Tue. | Wed. | Thu. | Fri. | Sat. | Sun. |
|-------------------------------------------------------------------------------------------|------|-----------------------------------------------------------------------------------------------------------------------------------------------------|------|----------------------------------------------------------------------------------------------------------------------|------|------------------------------------------------------------------------------------------------------------------|
| Week 3 1 | 2 | 3 Hub Assembly School Council Meeting – conference room @ 5pm | 4 | 5 Newsletter | 6 | 7 |
|  May Day | | | | | | |
| Week 4 8 | 9 | 10 | 11 | 12 <i>Jeddy Bear Picnic</i>  | 13 | 14 <i>Mother's Day</i>  |
| Week 5 15 | 16 | 17 <i>Year 6</i>  <i>Orientation</i> <i>Assembly</i> | 18 | 19 Newsletter | 20 | 21 |
| Week 6 22 | 23 | 24  | 25 | 26  SPORTS DAY | 27 | 28 |
| Week 7 29 | 30 | 31 Hub Assembly School Council Meeting – conference room @ 5pm | 1 | 2 | 3 | 4 |

Notes

| Mon. | Tue. | Wed. | Thu. | Fri. | Sat. | Sun. |
|---------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| Week 8 5 | 6 | 7 | 4 | 8 | 9 | 10 |
| Week 9 12 Birthday  No School | 13 | 14 | 15 | 16 | 17 | 18 |
| Week 10 19 | 20 | 21 <i>Assembly</i> | 22 | 23 Term 2 Last Day  | 24 <i>School Holidays</i> <i>Begin</i> | 25  |
| 26 | 27 | 28 | 29 | 30 | 1 | 2 |
| <i>School Holidays</i> | | | | | | |
|  |  |  |  |  |  |  |
| 29 | 30 | 1 | 2 | 3 | 4 | 5 |
| <i>School Holidays</i> | | | | | | |
|  |  |  |  |  |  |  |

Notes